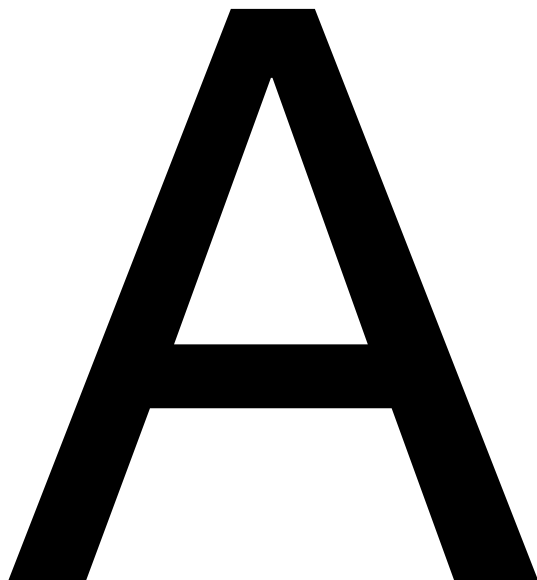




FANZINE DUET

English

1. WELCOME

Welcome to A fanzine duet.

This is fanzine **A**.

To start you will need a partner, someone who will have fanzine B.

They are different , but they belong together. You read one, someone reads the other.

They speak to each other. They need each other to be complete.

During this time together, each page in this fanzine is an **encounter**.

You can choose to activate as many encounters as you like.
If you want a shortcut, after

- **2 . GETTING READY - page 2**

We recommend beginning with

- **3 . WORLD FINDING - page 4**

The other encounters are there for you too: you might follow them in order, pick just one, or leave them aside and return another day.
However you meet, we recommend closing your duet with:

- **9 . IMAGINARY GIFT - page 24**

This is a version of the fanzine for e-readers. You will find all illustrations and their descriptions at the very end of it.

2. GETTING READY

Now that you **met someone with fanzine B**, find a small rock around you.

If you can't find a rock, take an object that is small enough to fit inside your hand.

Give the rock to your partner.

You will get one from them too.

This is your guardian object, a good companion that will stay with you through this journey. You can squeeze or show to your partner whenever you feel overwhelmed, tired, confused, or just want to:

- Rest or take a break
- Skip an activity
- Go back to one activity you like
- Move or change position in the space

Describe yourself to your partner

This will help your partner know what you look like. It also shows your partner a little about who you are, and the things about yourself you want them to notice.

Later, we will play with real and made-up names. For now, you can skip saying your name.

If you want, you could start by saying:

- Your pronouns (he, she, they)
- Your height.
- Your hair (colour and length).
- Your eyes (colour).
- Your skin tone.

If you want, you can also say:

- Where you come from.
- What clothes are you wearing today, and why did you choose them.

At the end, choose **three words** that describe how you feel now. The words can be simple or funny.

For example:

happy, cloud, sweet.

3. WORLD FINDING

Together with your partner, choose a place where you feel good.

A place where you would like to stay for a while.

A place that speaks to you and says:

“welcome, you can rest here”

Now, explore how you want to be with your partner.

You can be side by side, face to face, or back to back.

Or maybe you will discover another way together?

The choice is yours.

4. WORLD BUILDING

Your partner will read something to you.

They will make pauses.

These pauses will help you imagine a place.

For now, just relax and listen.

Jump to the next section

You will read something or let the screenreader read something to your partner.

You will make pauses.

These pauses will help them imagine a place.

For now, just read or let it read until it says “**stop**”

Imagine a place where you feel open and free.

Is it soft like a sponge cake?

Or is it hard like colorful building blocks?

Is it heavy and full, like the smell of bread baking?

Or is it empty, like the echo inside a seashell?

Do you feel something moving under your feet?

Maybe the ground under a train?

Or the wobbly shake of jelly?

I will give you a little time to imagine this place.

Make a pause and give space to your partner’s imagination.

Is this place smooth like water all around you when you swim?

Or sharp, like the taste of a lemon?

Is your landscape busy with many living things, or is it quiet and still?

Is it bright with strong sunlight, or soft and warm like a campfire?

What sounds are in this place that make you feel open and ready to meet new people?

I will give you a little time to imagine this place.

When you feel ready, give me a sign.

Pause again and give space to your partner's imagination.

Stop the loud reading to your partner. If you are using a screenreader, use it again in a volume suitable only for yourself.

When your partner is ready, ask them to tell you about one thing they find beautiful in the landscape they imagined.

5. I REMEMBER YOU!

Through this page, you can build imaginary memories with your partner.

There is no right or wrong.

Give yourself a new name.

Who are you?

Maybe you come from another planet.

Maybe you live in a floating castle.

Maybe you can feel the world through its temperature or its kindness.

Maybe the ground hums under your feet.

Maybe you taste colors.

When you both are ready, your partner will start:

Your partner will ask you a question.

Answer with a story that starts:

“Yes, we did ...”

Create a shared memory together.

Make it feel like it really happened.

In your story, use your new name.

6. CONTINUE THE STORY

Read this beginning of a story to your partner or turn up the volume on your screenreader so that it reads to both of you:

“There it was, finally. Our island. Our very own island. It looked beautiful above the waves of fog, but there was still one question to be answered: why had they sold it to us for only five euros?”

Now stop the loud reading to the other person and turn down the volume of the screenreader again to a level suitable for yourself.

Your partner will read something to you.

Now, you can **choose one of those beginnings to start telling a story**, you can choose just one, use both, or invent a whole new beginning.

Observe where your imagination can take you together.

You can use this story in the next section too.

7. MOVE IT OUT!

Notice the movements in your body and around you.

Offer your partner a dance that comes from those movements.

If you want you can use one of these as extra inspiration:

- **You are walking in a forest where the trees can whisper. One tree wants to tell you a secret. What is it?**
- **You sit on a train, but outside the window you don't see cities or towns. What do you see instead?**

Can you transform it into a dance?

Move in your own way.

A dance can also simply be:

- One gesture
- One breath
- One step

It can be the smallest thing.

It can be the silliest thing.

8. FEEL FREE TO TAKE A BREAK

9. ASK THEM

Start noticing your partner's presence.

Has anything changed since you met?

What do you notice around them right now?

Do they smell different?

Does their voice sound more familiar?

Can you notice their breathing?

Your partner may also notice that you are more present.

Now **it's time to ask each other questions.**

Take turns: one asks, the other answers.

Then switch roles.

You can give short or long answers,
as detailed as you like.

You can ask questions like:

- **If energy had a color, what color would I be?**
- **If I were a plant, where would I live? In a pot, in a garden, in a forest, in the desert, or in the water?**
- **If you were making my shopping list, what would you write on it? Why?**

10. QUIET CELEBRATION

You can take turns reading a text to each other or have it read out with the screenreader.

One person reads, the other person listens.

The words are the same for both of you.

This activity is about being calm together.

You will listen to your body.

You will notice small feelings and movements.

The goal is not to be perfect.

The goal is to feel safe, relaxed, and connected.

It is nice to share this moment with another person.

When you are ready and you decided who reads or let read first, you can jump to the next section and start. Turn the screenreader now to a volume that works for both of you:

**Find a comfortable position.
Take a few deep breaths.**

Feel the weight of your body pressing down.

**Notice the things you are touching.
The air against your skin.
The soft warmth coming from another person.**

Notice each part of your body, starting at your head and moving down to your feet.

**Notice the parts of your body that feel tired or tense.
Notice the parts that feel soft and relaxed.**

We take some time together.

**Observe small movements and sensations.
The movement of your breath.
The way your body moves slightly with it, getting bigger and then smaller.
Observe the moisture on your tongue.**

**Notice the feelings you have at this moment.
If you want, smile or laugh.
It is nice to have company.**

**Notice your thoughts.
Maybe you think about your shopping list.
Maybe you think about the meaning of life.**

**Notice something close to you.
The touch of clothes on your skin.
Perhaps the beat of your own heart.**

**Then notice something far away.
Maybe a sound outside the window.
Maybe a movement happening far from where you are.**

Now rest your attention on your partner.

Spend a quiet time together, celebrating each other's company.

**For this moment allow your mind to be free,
to do whatever it wants to do.
If it wants to think, or pay attention to something else.**

**Then, come back to your body, to the feeling of its weight,
to the sounds around you.**

And when you are ready we will switch roles.

Turn down the screenreader again and adjust it to a volume that works for yourself.

11. IMAGINARY GIFT

Before we end, give your partner a gift.

But it is imaginary.

Say what it is, and why you chose it.

You can give as many gifts as you want.

If you want, tell your partner your real name.

**This is the end of the fanzine.
But not the end of this experience.**

The experience is between you,
your imagination,
and the stories that are born
when people are open
and come together.

These pages were more than text.
They were an encounter.

Thank you for being here,
with your partner,
with this writing,
and with the world around you.

We hope you had joy.
We hope you felt safe.
We hope you enjoyed this duet.

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Making a Difference.

